

**CWL ELEMENTARY -LU VERNE BUILDING
SEPTEMBER LUNCH MENU**

THURSDAY, SEPTEMBER 1

BREAKFAST: FRENCH TOAST STICKS, SAUSAGE LINKS, BLUEBERRIES, JUICE, MILK

LUNCH: SCALLOPED POTATOES WITH HAM, GREEN BEANS, SWEET POTATOES, PEANUT BUTTER SANDWICH, GRAPES, MILK

FRIDAY, SEPTEMBER 2

BREAKFAST: CINNAMON ROLL, GO-GURT, ASSORTED FRUIT, JUICE, MILK

LUNCH: MACARONI AND CHEESE, FISH STICKS, PEAS, BABY CARROTS, APPLE WEDGES, MILK

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**MONDAY, SEPTEMBER 5**

**NO SCHOOL/LABOR DAY**

**TUESDAY, SEPTEMBER 6**

**BREAKFAST: WAFFLES, SAUSAGE LINKS, APPLESAUCE, JUICE, MILK**

**LUNCH: CHEESE PIZZA, TOSSED SALAD WITH ROMAINE, CORN, WATERMELON, MILK**

**WEDNESDAY, SEPTEMBER 7**

**BREAKFAST: EGG OMELET, MUFFIN, GRAPES, JUICE, MILK**

**LUNCH: TACO IN A BAG, LETTUCE/TOMATO/CHEESE, REFRIED BEANS, BREAD AND BUTTER, SLICED PEARS, MILK**

**THURSDAY, SEPTEMBER 8**

**BREAKFAST: CEREAL, WHEAT TOAST WITH JELLY, BANANA, JUICE, MILK**

**LUNCH: CHICKEN PATTY ON A BUN, HASHBROWN PATTIE, GREEN BEANS, ORANGE WEDGES, MILK**

**FRIDAY, SEPTEMBER 9**

**BREAKFAST: YOGURT PARFAITS, BLUEBERRIES AND STRAWBERRIES, GRANOLA, JUICE, MILK**

**LUNCH: ITALIAN PASTA, GREEN PEPPERS AND BABY CARROTS, GARLIC BREAD STICKS, APPLESAUCE, ROYAL BROWNIE, MILK**

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MONDAY, SEPTEMBER 12

BREAKFAST: PANCAKES, SAUSAGE LINKS, BLUEBERRIES, JUICE, MILK

LUNCH: PIZZA CRUNCHERS, TOMATOES AND CUCUMBERS, CORN CHIPS WITH SALSA, CORN, APPLE WEDGES, MILK

TUESDAY, SEPTEMBER 13

BREAKFAST: CEREAL, POPTART, BANANA, JUICE, MILK

LUNCH: STROMBOLI, GARDEN SALAD, CARROTS, STRAWBERRY CUP, MILK

WEDNESDAY, SEPTEMBER 14

BREAKFAST: SCRAMBLED EGGS, WHEAT TOAST WITH JELLY, PEACHES, JUICE, MILK

LUNCH: SHREDDED BEEF ON A BUN, SWEET POTATO PUFFS, BAKED BEANS, ORANGE SMILES, MILK

THURSDAY, SEPTEMBER 15

BREAKFAST: BREAKFAST SANDWICH, ORANGE WEDGES, JUICE, MILK

LUNCH: TURKEY AND CHEESE ON A BUN, LETTUCE AND TOMATO, OVEN FRIES, GRAPES, MILK

FRIDAY, SEPTEMBER 16

BREAKFAST: SCRUMPTIOUS COFFEE CAKE, GO -GURT, ASSORTED FRUIT, JUICE, MILK

LUNCH: SALISBURY STEAK, MASHED POTATOES, STEAMED BROCCOLI, WHEAT BREAD, FRUIT SLUSHY, MILK

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**MONDAY, SEPTEMBER 19**

**BREAKFAST: BREAKFAST PIZZA, MANDARIN ORANGES, JUICE, MILK**

**LUNCH: WHOLE GRAIN CORN DOG, GARDEN SALAD, PEAS, APPLE WEDGES, MILK**

TUESDAY, SEPTEMBER 20

BREAKFAST: FRENCH TOAST STICKS, SAUSAGE LINKS, BLUEBERRIES, JUICE, MILK

LUNCH: BEEF AND NOODLES, MASHED POTATOES, BABY CARROTS, BREAD AND BUTTER, PINEAPPLE TIDBITS, MILK

WEDNESDAY, SEPTEMBER 21

NO SCHOOL/PD

THURSDAY, SEPTEMBER 22

BREAKFAST: SCRAMBLED EGGS, WHEAT TOAST WITH JELLY, MIXED FRUIT, JUICE, MILK

LUNCH: CHICKEN QUESADILLA, CORN CHIPS WITH SALSA, REFRIED BEANS, MIXED BERRY CUP, MILK

FRIDAY, SEPTEMBER 23

BREAKFAST: DONUTS, TRIX YOGURT, ASSORTED FRUIT, JUICE, MILK

LUNCH: COWBOY CAVATINI, TOSSED SALAD WITH ROMAINE, GREEN BEANS, BREADSTICK, BANANA, MILK

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MONDAY, SEPTEMBER 26

BREAKFAST: WAFFLES, SAUSAGE LINKS, APPLESAUCE, JUICE, MILK

LUNCH: CHICKEN TETRAZZINI, TOSSED SALAD WITH ROMAINE, CARROTS, WHOLE GRAIN BREADSTICK, WATERMELON, MILK

TUESDAY, SEPTEMBER 27

BREAKFAST: EGG SAUSAGE PATTY, WHEAT TOAST WITH JELLY, ORANGE WEDGES, JUICE, MILK

LUNCH: PORK RIB ON A BUN, LETTUCE AND TOMATO, TRI-TATER, GREEN BEANS, STRAWBERRIES, MILK

WEDNESDAY, SEPTEMBER 28

BREAKFAST: CEREAL, POP TART, BANANA, MILK

LUNCH: LASAGNA, GARDEN SALAD, WHOLE GRAIN FRENCH BREAD, APPLE WEDGES, MILK

THURSDAY, SEPTEMBER 29

BREAKFAST: EGG OMELET, MUFFIN, PEARS, JUICE, MILK

LUNCH: BAKED CHICKEN DRUMSTICK, MASHED POTATOES, WHEAT BREAD, BROCCOLI, CORN, SLICED PEACHES, MILK

FRIDAY, SEPTEMBER 30

BREAKFAST: LONG JOHNS, GO -GURT, ASSORTED FRUIT, JUICE, MILK

LUNCH: SLOPPY JOE ON A WHOLE GRAIN BUN, SWEET POTATO PUFFS, BAKED BEANS, GRAPES, JUICE, MILK

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